

Board of Education
Newtown, CT
Curriculum and Instruction Subcommittee
Please Note: These minutes are pending Board approval.

Minutes of the Board of Education Curriculum and Instruction Subcommittee meeting held on April 29, 2015 at 10 a.m. in the Board of Education conference room, 3 Primrose Street.

L. Gejda	A. Uberti	S. Strait	J. Erardi
J. Vouros	G. Lynch	V. Pagano	Dr. Kanaan
M. Ku	M. Drabik	J. Blanchard	L. Lippi

M. Ku called the meeting to order at 10:02 a.m.

MOTION: M. Ku moved to approve the minutes of April 7, 2015. J. Vouros seconded.
Motion passes unanimously.

Public Participation: none

L. Gejda thanked all those involved in the writing of the Gr. 5 and 6 Social Studies Curriculum. It has already been approved by the District Curriculum Council.

G. Lynch, M. Drabik, S. Strait and V. Pagano-Hepburn presented the Gr. 5 Cultures of the Western Hemisphere and Gr. 6 Cultures of the Eastern Hemisphere to the subcommittee for review. The staff has worked collaboratively to design all four units of study including the weaving of Readers Workshop into both curriculums.

Dr. Kanaan, Assistant Professor of Medicine and L. Lippi from the University of Connecticut Medical Center spoke of the importance of sleep education starting in kindergarten. They stressed the importance of sleep for cognitive health, a healthy heart, weight, emotional wellbeing, prevention of depression, and the decrease in anxiety. They believe that K-12 Sleep Education should be a number one priority. J. Blanchard will be looking into adding a Sleep Curriculum to the Health Curriculum. Dr. Kanaan suggested that an Innovative Advanced Curriculum for high school students be investigated. This involves purposeful scheduling for times of peak alertness. Students who show weakness is a subject should schedule these classes during their peak awareness times of day. Dr. Erardi will look into the possibility of Aspiring Administrators becoming involved with Sleep Education, as well.

Public Participation: none

M. Ku moved to adjourn. Mr. Vouros seconded. Motion passes unanimously.
The meeting adjourned at 11:50 a.m.

Respectfully submitted,

Beverly Schaedler